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J-14's real girl:  
"I can't stop pulling out my hair"

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# 14

**#1 TEEN CELEB MAG!**



**Is Luke leaving 5SOS?**

**QUIZ:**  
DO YOU NEED  
A BREAK  
FROM YOUR  
BFF?

**Ariana:**  
Betrayed by her idol —  
now, she's fighting back!



**1D's soul-shaking disappointment**



**Taylor vs. Justin: It's on!**

+Read her flirty messages with 5SOS' Michael!



**lies, drama, backstabbing &**

# boy trouble!

**You won't believe what the stars told us!**



**Tyler Oakley exclusive:**

**"I was insecure about my weight"**

See pics of him before fame!



**Are the 5SOS boys secret heartbreakers?**  
One girl dishes juicy details!



**The 5 guy friends every girl needs!**

US \$3.99 Feb. 2015



Display until 2/16/15



stefanie scott

# your winter skin problems — solved!

Don't let the cold temps bum you out! J-14's got you covered.

## Do I really need sunblock in the winter?

Yes! We know it's hard to remember, but the sun's UV rays can cause damage all year long — they can reflect off snow and even get through clothes! Wear a lotion with at least SPF 30 every day. It's totally tailored to combat dry winter skin while protecting from the sun. (Plus, it doesn't have that beachy sunscreen smell.) Two birds, one stone.

► P.R.E.P. Cosmetics, \$18.50, [prepyourskin.com](http://prepyourskin.com)



## How do I stop my lips from getting chapped?



Petroleum jelly is a winter skin miracle product! Make the most of the nighttime hours by applying it to lips before bed — they'll soak in moisture while you sleep. (Cracked hands? This method works for them, too!) And don't forget: Always protect lips during the day with balm.

◀ Vaseline, \$6, [walgreens.com](http://walgreens.com)

## My face is all dry and flaky. It's gross! What do I do?

Your face is dying for some H<sub>2</sub>O! Wind, cold temps and dry heat wreak havoc on your skin — especially your face, which is most often exposed to the elements! Switch to an unscented moisturizer geared toward dry skin and apply it every night when your face is still damp from washing. It'll seal in moisture!



► Pond's Dry Skin Cream, \$7, [drugstore.com](http://drugstore.com)

## I'm always cutting my skin when I shave in the winter. What do I do?

Dry skin on your legs is way more prone to ouch-inducing nicks and cuts! Remember: Always shave a few minutes into your shower because the hot water and humidity soften the hair and open up follicles. And don't shave without a moisturizing shave gel, which contains essential oils that will keep skin smooth. Finally, go for a razor with curved blades and a built-in moisture ribbon. This will give you an easy glide that moves around curvy spots (like your knees!) way easier than those basic disposable ones!



◀ Skintimate SignatureScents Moisturizing Shave Gel in Raspberry Rain, \$4, [drugstore.com](http://drugstore.com)

◀ Gillette Venus Embrace Razor in Blue/Green, \$14, [drugstore.com](http://drugstore.com)